

Sharp•PS[®] MOOD

A clinically proven natural nutrient

PS was shown to:



Reduce
Cortisol levels



Improve
mood



Sharp•PS[®]

Sharp•PS®MOOD

More people are feeling "blue"

Increasing numbers of people report mood changes that leave them feeling despondent or "blue" at some point in their lives. This is especially common among older people and among women. Whether experienced as a short-lived problem or a long-term condition, such gloomy feelings affect people's ability to function properly in their jobs, studies and personal lives.

PS naturally eases negative moods

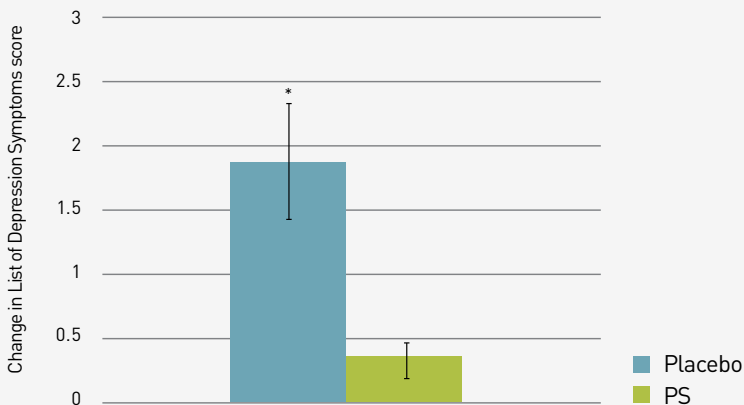
Phosphatidylserine (PS), a natural lipid that is part of our body, is clinically proven to improve mood. It was shown to reduce the increase in a harmful hormone, cortisol, which naturally occurs as part of the body's reaction to negative mood changes.

Clinically proven benefits of PS on mood

Cortisol level increases when a person becomes gloomy. For 25 years it has been known that PS reduces cortisol levels in both blood and saliva. In a clinical study of elderly people, the control group reported a close to 30% increase in their gloominess symptoms after 12 weeks, while those who took daily PS supplements reported almost no increase, indicating that PS can improve mood.

PS intake had a positive effect on mood

In a double-blind, placebo-controlled study in 57 elderly who consumed PS (300mg/day) for 12 weeks



Source: Gindin et al, 1993

* p<0.05

Higher scores mean more negative mood

Sharp•PS®



Sharp•PS® is one of the leading phosphatidylserine brands in the supplement industry, representing highest quality and greatest variety of grades in the world



Sharp•PS® has exclusive and patented PS grades



Sharp•PS® is produced from a variety of sources (soy, sunflower, fish) and grades especially suitable for food applications



Excellent organoleptic properties, easy to use in tablets, sachets, gummies, UHT milk, powder products and more



Sharp•PS® is globally regulated



Customer tailored solutions

